

TOUR DU LEMAN A L'AVIRON

RULES OF RACING (Extract)

Course: 160 km on Lake Geneva, without stops or extraneous help, from Geneva to Geneva following the Swiss coast first and then the French coast. To be eligible for classification each participant must, under penalty (time penalty to disqualification), pass by all control marks indicated on the course map, all of which are an integral part of the course to be followed throughout the race. All control marks must be passed between the land and the mark except Yvoire (Rovorée). A penalty of at least 5 minutes will be given to any crew that has not correctly passed a control mark. If, according to the controller, the advantage taken by said crew is more than 5 minutes, the estimated time-saving will be added to the 5-minute penalty. In case of recurrence, the crew may be disqualified. Any decision of the jury and / or race committee is not subject to appeal. **Types of Boats:** Coxed four or quad, capable of surviving weather conditions on Lake Geneva. During the event, the five crewmembers are allowed to alternate between rowing and coxing. The changeover time is not discounted.

Eligibility to Compete: Any sportsmen having reached the age of 16, physically, psychologically and technically trained to meet the requirements of the Tour, able to swim at least 500 meters, in good health, presenting no counter-indications to rowing activity on a competition level is authorized to take the start provided that he has signed the discharge (for minors, the holder of the parental authority) Composite crews are eligible. In order to be eligible, each competitor who is member of a rowing club affiliated to the Swiss Rowing Federation (FSSA) shall present prior to the start a valid and updated racing licence; otherwise he will be banned from the start.

Classes:

Men Elite: crew in which the youngest member has reached the age of 19 before or during the year of the Tour;

Women Elite: crew in which the youngest member has reached the age of 19 before or during the year of the Tour;

Masters: crew in which the average age is at least 40 and the youngest member shall have reached the age of 35 at least the year preceding the Tour;

Mixed Crew: crew in which at least two members shall be women;

Novices: crew with at least four (4) rowers who have not already participated in more than three (3) Tours, excluding this year's Tour;

Sweep boat.

There are no classes by weight.

The organiser reserves the right to add/cancel classes according to the entries received.

Prizes: The winner in each class is awarded a prize so long as at least three (3) crews from a minimum of two (2) different clubs have raced in the relevant class.

Entries: By Email, fax or by post to Société Nautique de Genève until the 31st of August of the year of the Tour. For safety reasons, the number of crews taking the start is limited. Therefore, the organizer reserves the right to either refuse to register crews or to put them on a waiting list.

Entry Fee: CHF 300.-/Euro 280.- per crew, to be paid in entirety not later than 9:00 pm on the Friday before the Start of the Tour. This fee includes: accommodation in dormitories from Thursday to 10:00 am Sunday; welcome cocktail on Friday evening; dinner after finishing the Tour; closing lunch on Sunday at noon; prizes and souvenirs.

Compulsory Equipment: Only competitors (rowers and coxswains) with their own lifejackets (non self-inflating), bailer and/or pump, a whistle, air horn or any other sound signalling device capable of attracting attention over at least 200 meters [one per crew], sufficient food and drinkable water, valid ID papers, insurance (third party liability, accident), will be authorised to start the Tour. Each participant is advised to take with him a compass or a GPS. The organiser lends the visual signalling devices, flares and boat numbers against a guarantee of CHF 50.-.The organiser does not, in principle, lend boats or oars. However, for overseas crews the rental of boats from other clubs (limited number) can be organised.

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Passing Time Limit and Maximum Gap: Under penalty of disqualification (i) the control mark of Lausanne-Vidy must be reached within 6 hours and 30 minutes from the time of start and (ii) the control mark of Le Bouveret shall be reached within nine (9) hours maximum from the time of start. Furthermore, at this mark, the time difference of any boat compared to the first boat to pass this mark, shall not exceed three (3) hours. The finish cabin shall no longer be operational after 18 hours of racing. Competitors who arrive after this time limit will note their exact time of arrival and report it to the head organiser of the race, in his absence to the restaurant, immediately after their landing at the pontoon.

Race Instructions: In addition to the Rules of Racing instructions may be given at any time to the competitors. In all circumstances, the competitors shall heed, abide by, and comply with the orders, instructions and directives of the umpires, the controllers, rescue and/or medical service. Any competitor and/or crew who does (do) not abide by the aforementioned shall be disqualified and could be banned from future participations.

Danger / Accident: Any crew shall, on its own authority, take all the necessary measures to prevent risks of accidents, leave the race, inform immediately the organiser and comply in every way with his instructions. In addition, the competitors, crews and crewmembers shall give spontaneously all necessary help to each other and/or proceed with the proper rescue measures.

Disqualification, Off Course, Withdrawal: Any competitor or crew who, during the race, has been disqualified, is off course, has been excluded, or has withdrawn or retired from the race shall, on the one hand, get onshore, and on the other hand rejoin the Société Nautique de Genève by land rather than across the lake. Furthermore, a crew which withdraws from the race must immediately notify the organiser thereof by all possible and adequate means.

Responsibilities: The organiser's sole responsibility is to ensure fair and equitable racing conditions. All competitors shall participate to the race at their own risk, and under their own and exclusive responsibility with the exclusion of the responsibilities pertaining to the organiser. In particular, it is the sole responsibility of each individual competitor to judge for himself, within his knowledge, whether his equipment and physical condition are adequate, what the force of the wind is, the weather forecast, etc., to start the race or not, and/or if to continue the race.

Right to Image: Each participant accepts the ceding, without recourse to compensation of whatever kind, of the rights to his image to the organiser, mainly through photographs, films or any other appropriate communication medium.

Publicity: Each participant will be required to carry the publicity chosen and provided by the organiser (stickers on the shell or the oars, clothes, etc.) without recourse to compensation of whatever kind.